

Sherwood Forest Nottingham News

January 2015

The Nottingham News is published for Sherwood Forest by Focus Community Publications, St.Cloud, FL. 407.892.0019

Sherwood Community

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Emergency (After Hours Only)

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Guard Shack

407-390-9261

Management Team

Lisa Wilson

MH Community Manager

Roy Silverio

RV Resort Manager

Lisa-Marie Bourgeois,

Pam Alvord

Administrative Asst.

Ron Enoksen, Rengin Gardner,

JR Roman, Bill Mahoney

Gate Attendants

Andrea Walker

Front Desk Services

Tom Hollingshead, Nick Salzman

Maintenance Team

Roy Black, Anthony Alejandro,
Gayle Cohen, Sandy Zimmerman,
Francisco Rodriguez, Edgar Ortiz,

Tom Dreyer, Daniel Reyes,
Tyler Chase

Office Hours

Monday – Friday

8:30am – 5:30pm

Saturday – 8:30 am – 5 pm

Sunday – 10 am – 5 pm

CARE-FREE SALES

407-908-2309

Pool/Clubhouse Hours

7 DAYS ----- 9AM-10PM

SPECIAL EVENTS MAY REQUIRE EXTENDED HOURS.

From the Manager's Desk

Lisa Wilson

MH Community Manager &

Roy Silverio RV Resort Manager



We hope everyone had a Merry Christmas and a Happy New Year! We are excited about the year 2015.

We have been working on our 2015 "To Do" list and look forward to getting started on the projects.

On Wednesday night, December 17th, the Sherwood Forest staff toured the property and viewed all of the beautifully decorated homes. It was a difficult decision. However, we were able to narrow it down to top 3 and several honorable mentions. Thank you to all of the residents who decorated their homes.

1st Place - 280 Scott Blvd.

2nd Place - 103 Pickering Drive

3rd Place - 683 Arrow Lane

Honorable Mention:

805 Savanna Lane

218 London Drive

246 Windsor Drive

9 Ivanhoe Court

39 Newcastle Drive

402 Forest Lane

471 Greenwood Lane

463 Greenwood Lane

802 Forest Lane

548 Squire Lane

547 Squire Lane

Thank you for spending a few moments to read through the newsletter for information about your community. We will see you out in the community.

From the entire staff of Sherwood Forest we hope you have a joyous and prosperous 2015!

CHRISTMAS GOLF CART PARADES

What a great turn out we had for both parades.

You all blew us away. We

had 45 golf carts going to

Old Town on

Saturday, December 13th and 37 golf carts for the parade around the park on December 14th.

Everyone did a wonderful job of

Continued on page 2



SHERWOOD FOREST HOME OWNERS ASSOCIATION

H.O.A. BOARD MEETING

SUNDAY, JANUARY 11

@7PM CH#2

GENERAL MEETING

WEDNESDAY, JANUARY 14

@7PM CH#2

IT IS OUR ELECTIONS FOR OFFICER'S. YOUR DUES MUST BE PAID TO VOTE FOR 2015

ELECTIONS

THANK YOU FROM YOUR

H.O.A. BOARD



Golf Cart Parade

continued from page 1

decorating. It was very difficult to choose only four (4) for prizes, but we only had four (4) to give away. The winners were (in no particular order) Julie & Dave Gartrell, Barb & Gene Gross, Jeannine Williams and Herb Hannan

Great job to all, now pack away all your decoration till next year and we will do it again. We hope everyone had a great time!!!

From the President's Desk

Richard Steinwandel
President

Sherwood Forest HOA Board

We still need help getting the word out to everyone in the park that it's time to join the H.O.A. We are still trying to get a long term contract with the park. In order to do that, we need the support of everyone. The cost is \$10.00 a year to join the H.O.A., and it will save you more than that if we can get a long term contract.

Right now approximately 185 paid members out of 700 plus residents make the decisions. By not joining the H.O.A. you are allowing these few members to make these decisions for you. Have a voice and join the H.O.A. Please contact any board member for more information.

Right now we have not negotiated a long term contract with the Park. We need help from all residents of the park; please join your H.O.A. Talk to your friends and neighbors they need to join so we can get a long term contract.

Thank You.



JANUARY CRAFT CLASS

GREETING CARDS



Monday - January 12 @ 1pm - 3pm CH #2



Everyone enjoyed making our cards so we will be making them again in January, but they will be different from what we did before. You will be surprised what you can do with paper and scissors. We will supply the materials; if you want, you can bring your own scissors.

Sign up can be done at any event or with any activities board member.

SHERWOOD FOREST CLOSET

The Sherwood Forest Closet is now open for business in Clubhouse !! Need specialty items on a short-term basis? We have wheelchairs, crutches, walkers, canes, etc. for your use. Having company? We have a limited supply of baby and toddler items including high chairs, strollers, portable cribs, etc.

Contact Mary Jo at 407-397-9083. Hours of operation are Monday - Friday from 10am to 4pm...Please allow a 24 hour notice.

The Question Was Asked...

Q: *Should I throw away a poinsettia after the holidays?*

A: Since poinsettias are inexpensive and start to look weedy after a while, most people toss them at season's end - but you can plant them outdoors. Bring the plant outside in late winter, storing it in a shed or garage so it adjusts to the cold weather. In the spring, after the frost, plant it in a bed or container in a spot with indirect light. The hole should be twice the width of the pot

and shallow enough that half an inch of the root ball is above ground. Prune to eight inches, watering and fertilizing every two weeks. It should bloom again next winter.

Q: *Can it be composted?*

A: Yes. But if you keep an organic garden, you might not want to - the plant may have been treated with chemicals or pesticides before making its way to the store.

New Year's Day Black-eyed Peas

1 pound dry black-eyed peas
2 cups chopped cooked ham
Salt and pepper to taste
1 pinch garlic powder
2 onions, diced
1 (14.5 ounces) can whole tomatoes
Place black-eyed peas in 8 quart pot. Add enough water to fill pot 3/4 full. Stir in ham and diced onions, and season with salt and pepper, and garlic powder. Place tomatoes in a blender or food processor, and blend until the tomatoes are liquefied. Add tomatoes to pot. Bring all ingredients to a boil. Cover the pot, and simmer on low heat for 2 1/2 to 3 hours, or until the peas are tender.



SHERWOOD FOREST HOMEOWNERS' ASSOCIATION, INC
705 ARROW LN. KISSIMMEE FL. 34746
MEMBERSHIP APPLICATION FORM

Address _____

Last Name _____ First Name _____ Initial _____

Spouse/Other Occupant _____ Phone Number _____

E-mail address _____ Mobile Phone _____

I (we) the undersigned, being mobile home owner(s) residing in Sherwood Forest Mobile Home Park, Osceola County, Florida, hereby consent to become member(s) of the Sherwood Forest of Kissimmee Homeowners Association, Inc., in accordance with Section 723.075 and 723.078, Florida Statutes.

Annual dues are \$10.00 per Unit.

I (we) further indicate that I (we) waive the right to receive notice of the Annual Meeting by mail, per FS723.078. I (we) understand that the annual meeting notice will be mailed or e-mailed to any member not in residence at that time in Sherwood Forest Mobile Home Park.

Applicant Signature _____ DATE _____

Applicant Signature _____ DATE _____

If You Do Not Live In Florida All Year

What is your alternate address? _____

What us your telephone number there? () _____

Please check the months mail should be sent to your alternate address.

___ Jan ___ Feb ___ Mar ___ Apr ___ May ___ Jun
___ Jul ___ Aug ___ Sep ___ Oct ___ Nov ___ Dec



TRIPS

TRIPS FOR 2015!

Singing in the Rain

Sunday, March 1st

Show time: 2pm

Tickets are \$15.00 per person and we have 20 tickets available to us.

Come join the performance at the Osceola Center for the Arts Theater in Kissimmee. Sign-up sheets are on the bulletin board in CH2.



WINTER PARK AND SCENIC BOAT TOUR

Jan. 15 (Thurs) \$45.00

Price includes pontoon boat tour and transportation.

TAMPA BAY DOWNS

Jan. 21 (Wed) \$69.00

Thoroughbred Horse Racing.

Price includes lunch with choice of Filet Mignon or Grilled Salmon, admission, program, tip to driver.

GASPARILLA

Jan. 31 (Sat) \$159.00

Join us for lots of fun!

We will cruise alongside the "Jose Gaspar" pirate ship and the flotilla on the biggest yacht in the invasion!

Our price includes transportation, Gasparilla Brunch, cruise from 10:30am to 1pm, disc jockey, OPEN BAR, all taxes & tips and gratuity to driver.

Come dressed in casual attire or your best pirate garb; we won't make you walk the plank.



BLUE MAN GROUP

February 4 (Wed) \$99.00

- Join us for this amazing experience. Our price includes transportation, tier one tickets for 8pm show, 30 minutes Talkback and gratuity for driver

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DESTINATION UNKNOWN

Feb. 11 (Wed) \$79.00

Price includes transportation, lunch taxes and gratuities.

DANCING WITH THE PROS

Feb. 17 (Tue) \$75.00

The world's finest dancers battle it out live on stage. Pros from Dancing with the Stars. So you think you can dance and Dance Champions from around the globe. Price includes transportation, orchestra seats, tip to driver.



CRUISES for 2015



VALENTINE'S CRUISE

Feb. 8-15 From 829.77

CELEBRITY "ECLIPSE"

Feb. 15-Mar. 1 From \$2,385.50

OASIS OF THE SEAS

Feb. 28-Mar 7 From \$1,129.78

CELEBRITY "FUN" CRUISE

Mar 2-7 From \$ 758.80

HAWAIIAN ADVENTURE FLY/TOUR

10 days, Air Inc.
Mar 19-28 \$4,549.00

PRINCESS CRUISES

"ROYAL PRINCESS"

April 8-18 \$ 1,699.00

10 Nights Eastern Caribbean from Ft. Lauderdale.

16 NIGHT TRADE WINDS TRANSATLANTIC CRUISE

Apr 21-May 7 From 2,599.46

DANUBE RIVER CRUISE

May 3-14 From \$4694.00

11 days from Prague to Budapest with air.

CARNIVAL VALOR

May 8-16 From \$ 991.91

8 night Southern Caribbean from Port Canaveral.

MOTHER'S DAY WEEKEND

May 8-11 From \$499.37

ARIZONA HISTORIC TRAINS

May 8-22 From \$2,384.00

6 days, 8 meals with air. Call and ask for flyer.



ALASKA - DENALI EXPLORER

May 25-June 6 From \$3,379.25

With Princess Cruises 12 nights cruise/tour with air from Orlando.

For more information:

Contact Eleanor at 407-390-1147 or Group Travel Specialists, Inc. at 407-846-0088.





Devotional & Church News

By Rev. Frank J. Miller, Sr.

For 2015, what is new? As we conclude our weekly Bible Study on the book of Ecclesiastes it has become more than evident that Solomon asked this question in a variety of ways, often with a negative response expected. He answered that question himself with the only response he anticipated. Life is meaningless, a dead end street, unfair, useless toil and wasted time, abounding in injustice, full of strife, a great folly, catering to the wicked, and a chasing after the wind. His favorite phrase - "...all is vanity!" - sums up these observations. But his final analysis to life outweighs all of the tragedies and injustices and vain strivings. For he concluded that life, after all, is worth

living and enjoying because God is in



control and oversees all the events of mankind. Therefore, glory in God and He will not leave you unfulfilled. *"The end of the matter; all has been heard. Fear God and keep His commandments, for this is the whole duty of man. For God will bring every deed into judgment, with every secret thing, whether good or evil."* (Ecclesiastes 12:13-14/NASB)

We can look on the world stage and become very disappointed in what we see. We can observe with Solomon all of life's inequities. We can condemn our station in life, fault

our government, fault our schools, fault our churches, and even fault our neighbors. But we cannot escape our responsibility to make our world a little bit nicer place to live. An act of kindness here, a soft spoken word there, a willing heart and a forgiving spirit can add immeasurable light and joy to someone's daily existence. With whatever graces God has visited on you, to that extent are you obliged to pass it on. If you call yourself by the name Christian this is not an option but a command. The summons of God to be light and salt to the world. Don't look to the next person to do it. You are the next person. You are the one God called out to and gave a field to harvest.

All is vanity only if we live an earthly life in a worldly environment. Pleasing to ourselves, gratifying our own interests and solving only those problems that benefit us to solve. Somebody, somewhere is waiting for a helping hand. Somebody, somewhere has been encumbered with burdens so heavy that they cannot lift them alone. Somebody, somewhere is wondering if anyone cares. Who is that somebody and where is that somewhere? I don't know but I challenge you to do this in our community. Go beyond the doorway of your home to that somewhere. Go look for that somebody. For 2015, what is new? Hopefully it will be a new attitude, a new mind-set, and where necessary, a new heart. A renewed vigor and zeal for charitable work. This challenge goes especially for the teenagers and young adults in our park (although it applies to all ages, young and old alike). Your youthful energies are never wasted when you reach out to help someone else. Your heavenly Father promises you His blessings and takes delight in acts of unselfish kindness. No, life is not always

fair, but it doesn't have to be bitter either. Enjoy it to the glory of God! Our Christmas cantata went quite well despite the many sicknesses that struck our choir, our church members and our community at large. I pray that this year will be a healthier one for all. We are looking forward to having the gospel quartet from Penn View Bible Institute in Pennsylvania visit us on Sunday, January 25, 2015 for our Sunday morning worship at 10:30AM. Coming in February we will begin a new study in 1 Peter for our Wednesday morning Prayer Meeting and Bible Study. The monthly Prayer Breakfast is on Saturday, January 10 and on the second Saturday of each month at 8:00AM in Bob Evans Restaurant on Route 192. As a non-denominational church we invite all to attend the services to worship God and hear the gospel message from His Holy Word. Have a very happy, healthy and grace filled new Year!





AUCTION & Bake Goods Sale



SATURDAY JANUARY 31st, CH#2,
8-11:30 AM.

Also, ice cream, hot dogs & hamburgers available
11:30 am. til 1:30 pm.

Let's Celebrate



January

1	ROGER TESSIER	15	BEV SCHMIDT
2	VICAR DAUGHTRY	18	JIM LINK
	DON BEDGLEY		JEAN PLOWMAN
4	EDWARD RAYMOND		ELEANOR SALVUCCI
5	BERTHA CALIXTO	20	RALPH HARRISON
10	CAROLE PAYNE	21	TOM HOLLINGSHEAD
	MICHELINE REED	23	PATTI HIMPLE
	BONNIE WEED	25	DON MC PHAIL
13	LEON SCOTT	26	BEVERLY CAMPBELL
14	GINNY BABIN	27	DIANE BROOKE
15	MARGARETTA SHORTS	28	JIM MC ELRAVY
	ETHEL COBURN	29	THERESA SUTTON

**OSCEOLA COUNTY
SHERIFF'S
NON-EMERGENCY
407-348-2222**
Use 9-1-1 only in emergency situations.

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1	LARRY AND JANET LEHTO
11	RICK AND MARY LYNN FOWLES
22	KEN AND MARYANN WELCH
28	ROGER AND WENDY TESSIER
30	ROBIN AND PATTY HIMPLE



Triglyceride-Friendly Meals

Fries or fruit? Ribeye or tuna steak?
Soda or water?

Every time you decide what to eat, you either increase or decrease your chance of having a heart attack or stroke. Let that inspire you to choose triglyceride-friendly meals.

"Changing the diet can have dramatic effects on triglyceride levels," says Robert Bonow, MD, former president of the American Heart Association and professor of Medicine at Northwestern University. In fact, a healthy diet - plus exercise and weight loss if you're overweight - can cut your triglyceride levels by 20% to 50%.

The meals below can help lower your triglycerides. You may need to adjust portion sizes to meet your calorie level.

Breakfasts That Protect Your Heart

Start the day off with healthy decisions. Choose one of these delicious breakfasts.

Cereal & Berry Bowl

1 cup 1% or skim milk
½ cup oatmeal with 1-2 Tbsp of chopped walnuts
OR 1 serving of cold cereal, with 5 or more grams of fiber and 8 or less grams of sugar
1 cup raspberries, strawberries, or blueberries on top

Egg Sandwich

1 whole egg, 2 egg whites, or ¼ cup egg substitutes
1 cup or more diced tomatoes, spinach leaves, minced onion, and mushrooms

1 tsp trans-fat-free margarine or small amount of olive oil
2 slices whole wheat toast
1 orange in sections or ¼ cantaloupe on the side

Yogurt Parfait

1 cup low-fat or nonfat yogurt
1 cup high-fiber cereal
1 sliced banana, 1 cup mango, or 1 peach
A small handful of almonds on top

Lunches to Reduce Your Risk of Heart Attack

Here are some flavorful lunches you can pack, and a few you may even be able to buy.

Soup & Salad

1 cup vegetable, black bean, or lentil soup (or any low-fat or vegetarian soup)
5 whole-wheat crackers
2 cups salad made with dark greens like spinach, mixed greens, or radicchio
1 cup any combo of colorful, chopped veggies: broccoli, carrots, red bell peppers, sugar snap peas, snow peas, tomatoes.
1 cup of fruits: apples, grapes, kumquats, pears
1 Tbsp salad dressing made with olive oil or canola oil (or nonfat dressings)

Sandwich With Double Crunch

2 slices whole-wheat bread or 1 hamburger bun
2 oz tuna
1 Tbsp low-fat mayonnaise
Minced onion
Dill pickle relish or sugar-free sweet pickle relish
Top with thin slices of apple or pear for crunch (1 medium piece of fruit)

Finger Salad

1 cup veggies like baby carrots, grape tomatoes, and red pepper strips mixed with fruit such as apple, grapes, or pear (with peel)

Chinese Delight

1 cup veggie stir-fry with 2 oz shrimp, chicken, or tofu (request olive or vegetable oil)
½ cup whole-wheat pasta or rice (brown or wild)
1 cup pineapple chunks

New Year's Day

From Wikipedia

New Year's Day is observed on January 1, the first day of the year on the modern Gregorian calendar as well as the Julian calendar used in the Roman Empire since 45 BC. Romans originally dedicated New Year's Day to Janus, the god of gates, doors, and beginnings for whom the first month of the year (January) is named. Later, as a date in the Gregorian calendar of Christendom, New Year's Day liturgically marked the Feast of the Circumcision of Christ, and is still observed as such in the Anglican Church and Lutheran Church. In present day, with most countries now using the Gregorian calendar as their de facto calendar, New Year's Day is probably the world's most celebrated public holiday, often observed with fireworks at the stroke of midnight as the new year starts in each time zone.

Signs of the Times



Sign seen on a plumber's truck: "We repair what your husband fixed."



January 2015

Sherwood Forest Weekly Activities CH1/CH2 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 CH2 Chapel Services 7am.-Noon 10:30am.	5 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> Divine Angels 6:30pm.	6 CH2 Coffee Hour 8am. Rosary 10:30am. Bingo 6pm. <u>RV</u> <u>Mini Golf 1:45 pm.</u>	7 CH2 Prayer/Bible Study 10:15am <u>Water Ex. 10:30am.</u> CH#1 Golden Hookers 1pm.	8 CH1 Poker 6pm. CH2 Red Hatters 1pm. Choir Rehearsal 7pm. <u>Mini Golf 1:45pm.</u>	9 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> <u>Game Night 6:30pm.</u>	10 Prayer Breakfast Bob Evans Rest. 8am. CH 2 <u>Movie Night 7pm.</u> <u>BYO Drinks and snacks</u> Church Set up 9:30pm.
11 CH2 Chapel Services 7am.-Noon 10:30am. <u>HOA Board Mt. 7pm.</u>	12 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> <u>Craft Class 1-3pm.</u> Divine Angels 6:30pm.	13 CH2 Coffee Hour 8am. Rosary 10:30am. Bingo 6pm. Pokeno 1-3pm. <u>RV</u> <u>Mini Golf 1:45pm.</u>	14 CH2 Prayer/Bible Study 10:15am <u>Water Ex. 10:30am.</u> <u>H.O.A.Mt. 7pm.</u> <u>Election Night</u> CH#1 Golden Hookers 1pm.	15 CH1 Poker 6pm. CH2 Choir Rehearsal 7pm. <u>Mini Golf 1:45pm.</u>	16 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> <u>Game Night 6:30pm.</u>	17 CH2 <u>Pancake, Sausage & eggs Breakfast 8-9:30am.</u> Church set up 9:30pm.
18 CH2 Chapel Services 7am.-Noon 10:30am.	19 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> Divine Angels 6:30pm.	20 CH2 Coffee Hour 8am. Rosary 10:30am. Bingo 6pm. <u>RV</u> <u>Mini Golf 1:45pm.</u>	21 CH2 Prayer/Bible Study 10:15am <u>Water Ex. 10:30am.</u> CH#1 Golden Hookers 1pm.	22 CH1 Poker 6pm. CH2 Red Hatters 11am.-3pm. Choir Rehearsal 7pm. <u>Mini Golf 1:45pm.</u>	23 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> <u>Game Night 6:30pm.</u>	24 CH2 Church Set up 9:30pm.
25 CH2 Chapel Services 7am.-Noon 10:30am.	26 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> Divine Angels 6:30pm.	27 CH2 Coffee Hour 8am. Rosary 10:30am. Bingo 6pm. <u>RV</u> <u>Mini Golf 1:45pm.</u>	28 CH2 Prayer/Bible Study 10:15am <u>Water Ex. 10:30am.</u> CH#1 Golden Hookers 1pm.	29 CH1 Poker 6pm. CH2 Choir Rehearsal 7pm. <u>Mini Golf 1:45pm.</u>	30 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u>	31 CH2 <u>Auction 8-11:30am.</u> <u>Hot Dogs, Hamburgers & Ice Cream 11:30am.-1:30pm.</u> Church Set up 9:30pm.
FEB. 1 CH2 Chapel Services 7am.-Noon 10:30am.	FEB. 2 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> Divine Angels 6:30pm.	FEB. 3 CH2 Coffee Hour 8am. Rosary 10:30am. Bingo 6pm. <u>RV</u> <u>Mini Golf 1:45pm.</u>	FEB. 4 CH2 Prayer/Bible Study 10:15am <u>Water Ex. 10:30am.</u> CH#1 Golden Hookers 1pm.	FEB. 5 CH1 Poker 6pm. CH2 Choir Rehearsal 7pm. <u>Mini Golf 1:45pm.</u>	FEB. 6 CH1 Euchre 6:30pm. CH2 <u>Water Ex. 10:30am.</u> <u>Pot Luck Dinner 6pm.</u> <u>Game Night 6:30pm.</u>	FEB 7 CH2 <u>Karaoke Night 7-9pm.</u> <u>B.Y.O. drinks & snacks</u> Church Set up 9:30pm.

